

## Player Information:

School: \_\_\_\_\_

Grade next Sept.: \_\_\_\_\_

### Team level played on:

MS: \_\_\_ Jr. Varsity: \_\_\_ Varsity: \_\_\_ None: \_\_\_

### Tournament experience:

Level 3: \_\_\_ 2: \_\_\_ 1: \_\_\_ Club: \_\_\_ None: \_\_\_

### Ranking: Please enter as "B12"-#, "G14"-#

Sectional : \_\_\_\_\_ Regional : \_\_\_\_\_ None: \_\_\_\_\_

### SCJTL Division in 2010:

Red: \_\_\_\_\_ White: \_\_\_\_\_ Blue \_\_\_\_\_

Additional player description:

Players will be placed based on visual evaluation by Coaches once started in the program.

### Number of Sessions:

2 (\$140): \_\_\_ 4 (\$260): \_\_\_ 6 (\$330): \_\_\_ 8 (\$360): \_\_\_

Registration Total = \$ \_\_\_\_\_

### Select Sessions:

1 (6/18): \_\_\_ 2 (6/25): \_\_\_ 3 (7/9): \_\_\_ 4 (7/16): \_\_\_

5 (7/23): \_\_\_ 6 (7/30): \_\_\_ 7 (8/6): \_\_\_ 8 (8/13): \_\_\_

Single session rate = \$80

To register for single session call 631-590-5019 or online [www.scjtl.org](http://www.scjtl.org) click "Family Tennis Member Site".

**Location/Time:** Northport HS (9am to 12 pm): \_\_\_\_\_

Mt. Sinai HS (9am to 12pm): \_\_\_\_\_

East Islip MS (9am to 12pm): \_\_\_\_\_

Riverhead HS (9am to 12pm): \_\_\_\_\_

**Program Fee: Full payment due with registration.**

Amount enclosed: \$ \_\_\_\_\_ Check # \_\_\_\_\_

Credit Card: MC: \_\_\_ Visa \_\_\_

Exact Name on Card: \_\_\_\_\_

Card#: \_\_\_\_\_

Exp.Date: M: \_\_\_\_\_ Yr. \_\_\_\_\_

**Please sign: I give permission for the enrolled player to participate in this program and agree to the registration conditions:**

Parent: \_\_\_\_\_



## Comp Squad Staff

DIRECTED BY: **Joe Arias**

### Comp Squad Head Coaches:

#### Jimmy Delevante:

- Currently ranked #4 USTA Eastern Men's Open and #165 in the USA!
- ISSI Master Fitness Trainer
- SCJTL Player Development Coach
- SCJTL Competition Tennis Camp Director
- SCJTL Summer League Site Director

#### Josh Wolfson:

- Certified NYS Physical Education Teacher
- USPTA Teaching Professional
- ISSA Certified Fitness Trainer,
- SCJTL Player Development Coach,
- SCJTL Competition Tennis Camp Director
- SCJTL Summer League Site Director.

### New SCJTL program! Fitness , Agility, & Speed Training

## FAST

Fitness, Speed and Agility (FAST) training program developed specifically for tennis players. Designed and directed by Josh Wolfson, SCJTL Player Development Coach.

- Starts July 12, 2011.
- Days: Tuesday and Thursday .
- Time: 8am to 9am
- Location: Mt. Sinai HS tennis courts.

Flexible registration up to 6 weeks for as low as \$26/session.

Free:

Pedometer and Speed and Agility book with registration packages.

Discounts to SCJTL Competition Tennis Camp registered players.

**FAST** program information and registration is available at the SCJTL eTennis Ctr.

Online registration for both programs visit [www.scjtl.org](http://www.scjtl.org)

Click: **Competition Tennis Team Training**

**FAST Speed and Agility**



Summer  
2011

## Tennis Team Training

Presented by:

*The Suffolk County Tennis & Education Foundation (SCTEF)*



COMPETITION Tennis Team training and competition for experienced players grades 7 through 12

PREPARATION FOR :

MIDDLE SCHOOL, JR. VARSITY, VARSITY,  
TENNIS TEAM COMPETITION.

### LOCATIONS AND TIMES

### SATURDAY'S

STARTING JUNE 18, 2011 THRU AUGUST 13, 2011  
9:00 AM TO 12:00 PM

**NORTHPORT HS TENNIS COURTS**  
ELLWOOD RD, NORTHPORT

**MT. SINAI HS TENNIS COURTS**  
RTE. 25A, MT. SINAI

**EAST ISLIP MS TENNIS COURTS**  
REDMAN ST. EAST ISLIP

**RIVERHEAD HS TENNIS COURTS**  
HARRISON AVE. RIVERHEAD

Contact SCJTL : 631-**590-5019**

E-mail: [scjtl@ariastennis.com](mailto:scjtl@ariastennis.com)

DETAILED INFORMATION FAQ, AND ONLINE REGISTRATION

AVAILABLE AT [WWW.SCJTL.ORG](http://WWW.SCJTL.ORG)

**THE SCJTL COMPETITION SQUAD  
SCHOOL TENNIS TRAINING PROGRAM**

3 hour training session every **Saturday** encompassing all of the skills and knowledge that a school tennis team player needs to improve their competition skills.

Designed to help middle school and high school tennis players (grades 7 through 12) develop a well rounded game that they can use to improve their success in match play during their competitive season.

The SCJTL Comp Squad training program includes Scheduled SCJTL Challenge Series site tournaments providing competitive experience and ranking points towards SCJTL Player Ranking.

Players must attend at least one training session along with tournament for ranking points to be applied.

Training includes emphasis on:

- Ground strokes.
- Net-game and Serve/Return
- Offensive, Defensive and Neutral shots.
- Transition and point ending shots
- Singles and Doubles Strategy
- Proper practice and warm-up technique
- Rules of tennis and Sportsmanship
- Coach supervised match play.
- SCJTL Challenge Series Site\* tournament sessions 4 and 8.

Players earn SCJTL Site Rankings. Medals awarded.

**COMP SQUAD TEAM CHALLENGE**

End of season singles and doubles tournament for enrolled team members to convert Site Rankings to Program Rankings.

**Scheduled for August 20, 2011**

Separate registration for this event.

**SCJTL COMPETITION SQUAD  
SUMMER SCHEDULE**

Program starts June 18, 2011 ends August 13, 2011

**Saturdays**

Training sessions held from  
9:00 Am to 12:00 PM

**Northport HS Tennis Courts**

Elwood Rd. Northport

**Mt. Sinai HS Tennis Courts**

Rte. 25A, Mt. Sinai

**East Islip MS Tennis Courts**

Redman St, East Islip

**Riverhead HS Tennis Courts**

Harrison Ave. Riverhead

Registrations available for single or multiple sessions.

**Registered players receive one(1) free SCJTL Comp Squad shirt for every 4 sessions registered!**

WEATHER CANCELLATIONS AND MAKE-UPS

All cancellations will be determined by no later than 2 hrs. before scheduled session.

**MAKE-UPS**

A program make-up date is scheduled for August 14, 2011 from 2:00 PM to 5:00 PM.

Refunds or credits will be issued for anyone whose session was cancelled due to the weather and cannot attend the make-up. The amount of refund will be based on the registration rate per session and for the number of cancelled sessions less the program make-up if attended.

Credits may be applied to other SCJTL programs.

*Multiple player registration:*

*Please enclose information on separate sheet. Indicate total amount for all players enrolled. Confirmation of registration made upon receipt. Online registration available at: [www.scjtl.org](http://www.scjtl.org).*

**Cancellation policy:** Registration is limited and registration guarantees entry. No refunds for absence or cancellations within 5 days of program date. \$10 service charge for all cancellations.

**Detach along solid line and mail with payment to:**

SCJTL

→ 33 Sheppard Lane, →  
Smithtown, NY 11787

Full payment must accompany this form. Checks payable to **SCJTL**.

**Competition Squad Tennis Team Training enrollment information:**

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

Street Address: \_\_\_\_\_ Town: \_\_\_\_\_ NY Zip: \_\_\_\_\_

M/F: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_ Phone #: \_\_\_\_\_ 2#: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail (Will be placed on team e-mail list. Please write clearly): \_\_\_\_\_

SCJTL Family Tennis Member (FTM): Do you already have a FTM site set up check here : YES: \_\_\_ NO: \_\_\_

**Circle one: Shirt size:** (Adult) XL: \_\_\_ L: \_\_\_ M: \_\_\_ S: \_\_\_ (Child) Med: \_\_\_\_\_

**See other side for: Player level information - Program enrollment**

